

Dear Swim Families,

My thoughts are with our swimmers and families impacted by the COVID-19 virus.

We are going through unprecedented times, which call for tough decisions and courage. And while we have paused our programs and events for the health and safety of our youth, families, and staff, we need to make sure we have the resources to support them once we are able to safely open our doors again. This closure is not forever and we will get back to our normal service to the community as quickly as possible.

This week it has become evident that to do our part to lessen the spread of the virus, we need to extend our closure to at least April 13. Please understand that this date may be extended as necessary for our safety. Our ability to re-open will continue to be based on the guidelines and recommendations of local, state and federal public health agencies.

Our Coaches have been working on our At Home Training and Activities Program, and we look forward to begin sending episodes out to our members in the days and weeks to come. We encourage our athletes to do these workouts and activities in a safe environment, perhaps with family members, in order to stay physically and emotionally strong during this time out of the pool.

The components of this program will include:

- Dryland Training: workouts, injury prevention exercises, recovery work
- Technique Tips/Race Strategies
- Health and Nutrition
- Mental/Emotional Health
- And more!

My concerns extend not only to our swimmers and families, but to our amazing coaching and administrative staff, as well as our lifeguards, who are being directly impacted by our closure. Our team will continue to work diligently on our program, our interim plan, and our return to training plan that will be administered once we are cleared to do so. This plan includes a gradual return to the pool, once safe and within CDC guidelines and other state and local guidelines.

We are offering the following payment options beginning April 1:

1. Continue as a full Swim Team member at a reduced rate of 55% of normal dues. You will automatically be billed and will receive all Team communications and our At Home Training and Activities Program. **No response required for families choosing this option.**
2. **Opt-In for Full Dues** and continue as a full Swim Team member at your normal rate. This will help us to continue to support staff and to maintain the mechanical operation of the pools during closure. You will receive all Team communications and our At Home Training and Activities Program.
3. **Opt-out** altogether and chose to withdrawal from the Swim Team. You will be removed from the Swim Team roster and pay no dues.
4. Extenuating circumstances or extreme hardship due to COVID-19? Please feel free to contact us by email.

I am fully aware that the individual needs of those reading this letter will vary and I respect whatever decision each of you needs to make based on your personal circumstance.

The temporary closure of our programs and postponement of our fundraising events will undoubtedly affect our budget through the end of the school year, if not through summer and into our fall programs.

Families who are willing and able to donate at an additional level will help us support our caring and qualified staff, maintain safe and fully equipped facilities, keep the pool operating, and provide support for resources when we re-open.

To donate, go to the link here to make your tax deductible contribution.

Insert Link

Please communicate your choice to us by Date and Time by emailing *insert email*.

Again, your choices are...

- 1. Continue as full Swim Team member at 55% of Normal Dues beginning April 1.** *No Response Required*
- 2. Opt-In for Full Dues: Thank you! Continue as full Swim Team Member.** *Response Required*
- 3. Opt-Out: Be removed from team roster and pay no dues.** *Response Required*
- 4. Extenuating Circumstances: Please contact us to discuss**

In the meantime, please feel free to contact us by email with any questions or concerns. Swimmers, you can even schedule a phone call or a Skype or FaceTime meeting with me if you would like.

Sincerely,

Head Coach
Aquatics Director